



Elizabeth Keogh
Lean and Agile Coach and Trainer

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<http://lunivore.com> (services)

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I'm a Lean and Agile coach and trainer, international speaker, experienced member of the BDD community and winner of the [Gordon Pask Award 2010](#).

My unique blend of techniques can help your company to identify and address the risks inherent in software delivery, drive collaboration and transparency in your teams and improve people's ability to improve themselves.

I offer:

- Proven success in helping teams adopt Agile and Lean practices
 - Over twelve years of experience in delivering large-scale enterprise applications
 - A profound respect for, and belief in, people and their abilities
 - Coaching across multiple roles, including management
 - Excellent technical ability in multiple languages
 - Use of learning models as a metric, providing transparency into the coaching process, and a road-map for teams and individuals
 - Familiarity with different Agile methodologies, providing multiple options for success
 - Part-time availability, flexible for greatest effectiveness
 - Experience in writing and running effective workshops tailored to the client's needs
 - Existing courses and workshops at competitive rates
 - Ability to identify and coach other coaches within the client work force, allowing me to make myself redundant while providing lasting change.
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Lunivore Limited, 2009

Experienced BDDer

As one of the members of the original JBehave team, I've had the opportunity to collaborate with Dan North, Chris Matts and other BDDers around the world. The BDD community has now grown the patterns of BDD – learning, and using tests to drive learning and discovery – from unit- and acceptance-level testing into the analysis space, all the way up to the project vision. I've helped teams and companies keep that vision, split stories, write scenarios and collaborate across all roles - clients, business stakeholders, analysts, developers, testers, managers, etc. Combined with aspects of Lean software development, Real Options and Systems Thinking, the BDD patterns are some of the more powerful I've come across in the Agile space.

Embedded Coach and Developer with International Commodities Trader

I took this highly enjoyable contract to sharpen my technical skills and remind me what it's like to work "on the coal face". As a developer within a team I coached and helped to set the direction for design, unit testing and automated acceptance testing, facilitated retrospectives, kept an eye on the core project vision and encouraged the team and managers to produce a safe, collaborative, innovative environment.

Lean transformation with Major Certification Provider

Working part-time over several months, I helped teams to adopt TDD and pair-programming, collaborate with auxiliary teams such as infrastructure, architecture and DBAs, and understand the principles underlying Lean and Agile. I helped to break habits which contributed to elements of a blame culture and taught team members how to provide feedback constructively. I identified higher-level systemic problems which were preventing the teams from reaching their full potential, successfully converted several managers into Lean and Agile proponents, and trained replacement coaches within the location before leaving.

Other clients

Worked with the CEO of a small software house to convert from Scrum to BDD with Kanban, enabling them to achieve 2-3 day cycle times on client feature requests and saving 1 day a fortnight on planning and estimating activities.

Ran workshops with a previous client's outsourced suppliers to help them adopt better Agile practices and work with the client more effectively.

Thoughtworks, 2004-2009

With Thanks

While at Thoughtworks, I had the opportunity to work as a trainer in India; as a head of architectural change for an international hedge fund; as one of a team of client coaches writing and facilitating culture-changing training programs; as a developer; and as an international speaker. Thoughtworks helped to accelerate my learning and my career, and I left them with fond memories and the best wishes for their future.

Education

- Master of Electronic and Electrical Engineering, University of Bath
- 4 As in A-level French, Maths, Further Maths, Physics
- Currently studying Hypnotherapy

Open-source projects

- **JBehave (core committer and Codehaus Despot)** – BDD framework in Java
- **Tyburn (founder)** – Java Swing automation tool
- **WiPFlash (founder)** – C# automation tool